



**Long-Term Care Foundation**

of Washington State

*2026 Summer Conference*

# 2026 Overviews, Updates, & Exciting **News**

How We're Removing Barriers to Care



# Let's Get **Started**



## **Our Work: A Brief Overview of Who We Are**

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Our mission, values, history, and brief overview of our work

## **Updated AFH Industry Worker Safety Awareness Program**

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Upcoming relaunch of the worker safety awareness program

## **Updates, Changes & Current Numbers: Adult Family Home Training Network**

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Changes and updates to the AFH Training Network and current training numbers

## **Presenting: Our New Logo & Branding**

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Presenting our new look and why it's changing

# > Our Mission



**Long-Term Care Foundation**

of Washington State

To **remove barriers** to caregiver training and workforce access so adult family homes can **stay staffed, stable, and supported.**

# > Who We Are



## **We Remove Barriers**

We focus on the highest impact obstacles standing in the way of caregiver training and workforce growth. If it slows people down, prices them out, or blocks access, our job is to remove it.



## **No Strings Attached**

Our support is free, transparent, and built on trust.  
No hidden requirements.  
No tradeoffs.  
No fine print.



## **We Respect the Challenge**

Adult family home providers and caregivers take on demanding, high-stakes work every day. We show up with humility, empathy, and understanding shaped by real experience.

# > Our History

## *How We Were Created*

**Senate Bill 5672**, enacted in 2019, required the state to develop an Adult Family Home Training Network defined in law as:

"A nonprofit organization established by the exclusive bargaining representative of adult family homes designated under RCW 41.56.029 with the capacity to provide training, workforce development, and other services to adult family homes"

# > Our Work

*A Snapshot of Our Support*

As a partner in workforce development, we provide:

- Weekly CEU-credited webinars on provider best practices, hiring and retention of caregivers, caregiver wellness, and more HR-related topics
- Funding to create and develop new long-term care workers
- Data to inform the evaluation and improvement of processes, procedures, and regulations



# Our Work

## Weekly Webinars & Monthly Newsletter

Here are some examples of our latest weekly webinar topics:

- Provider Best Practice: Mentoring Your Training Program Attendees from Start to Certificate
- Refining Your Reputation: When it's Time to Refresh Your AFH Culture!
- Caregiver Wellness 3.0: Prioritizing Your Emotional Well-Being Throughout Grief and Loss

The Wellness Word




Alzheimer's & Brain Awareness Month

June 2026

June has been recognized as Alzheimer's & Brain Awareness Month since 1983, highlighting the importance of recognizing Alzheimer's and the care required for those living with the disease. It also serves as a reminder that brain health is a lifelong priority. June is the perfect time to review and strengthen practices that benefit not just your mental health, but your long-term cognitive resilience.



**Mental Health**  
As professional caregivers, taking care of your mental health is non-negotiable! Depression and anxiety can worsen cognitive decline. Seek help if you notice mood changes, and practice stress-reduction techniques like mindfulness or therapy. Maintain active social connections - deep conversations, group activities, or volunteering to support emotional and cognitive well-being.




**Nutritional Health**  
Choose nutrient-rich foods like leafy greens, berries, fatty fish (Omega-3's), whole grains, and lean proteins whenever possible for your nutritional health, as they support brain cell health, reduce inflammation, and may lower the risk of Alzheimer's.



**Financial Health**  
Taking a proactive approach to financial health helps maintain a strong mindset. Practices such as tracking expenses and savings, avoiding overspending, and considering long-term insurances and asset protection, will help with overall financial decision making.

Sources:

- [Alzheimer's & Brain Awareness Month | Alzheimer's Association](#)
- [Alzheimer's & Brain Awareness Month: 10 Tips to Care for Your Brain - CHCCC](#)
- [How to Talk to Aging Parents About Their Finances | June is Alzheimer's & Brain Awareness Month - Michigan Financial Companies](#)



**Physical Health**  
Getting into a steady physical health routine will help you eliminate your risks of high blood pressure, obesity, and diabetes, all which can harm the brain. Control these through diet, exercise, and if you're smoking - QUIT!

# > Our Work



*Care Navigation: In Partnership With WA Health Benefits Exchange*

## Our **Care Navigation Specialist:**

- ① Assists and/or connects AFH owners and employees with **certified care navigators** to help them acquire **health insurance** through the Washington Health Benefit Exchange
- ② Creates and distributes **informational materials** and provide **technical support** to owners and employees seeking health care coverage
- ③ Annual **open enrollment** begins **November 1st** and ends **January 15th**

Coming Soon!

Release Date:

June 16, 2026

## Updated Adult Family Home Industry Worker Safety Awareness Program

Learn how to create a safer work environment and significantly reduce injuries in Adult Family Homes.

Time:

15 min or less per micro-module

### Benefits

- ✓ Learn about various safety topics such as PPE, Ergonomics, Hazardous Drugs and more!
- ✓ Learn about L&I safety rules, requirements and regulations.
- ✓ CE credit upon completion!

### E-Course

- ✓ Over 45 interactive micro-modules
- ✓ Educational PDFs
- ✓ Fun knowledge checks
- ✓ Four quizzes



Long-Term Care Foundation

of Washington State



Adult Family Home Council

OF WASHINGTON STATE

# > Statewide Initiative

- Collaborators: PIM Savvy, LTCF, and AFHC



- Project launched in 2024
- Supported by Washington State's L&I SHIP Grant funding
- **Project:** Revise the Adult Family Home Industry Worker Safety Awareness Program

# > The Power of Micro-Learning

- ④ 43 short micro-modules & 4 quizzes
- ④ Optional modules to enhance learning
- ④ Easy to pause and return anytime
- ④ Learn at your own pace
- ④ Mobile-friendly learning anywhere
- ④ Flexible for busy schedules

# > Accessible and Flexible

④ English modules

④ Spanish modules

④ ADA friendly modules

④ Plus, 15 multilingual educational PDFs

④ Amharic, Romanian, Russian, Swahili, Spanish, Tagalog, and English

# > Target Launch Date: June 16

- ④ Be among the first to take the revised e-Course
- ④ Receive CE credit
- ④ URL: <https://adultfamilyhomecouncil.org/afh-support/afh-worker-safety-awareness-program>



## ④ Questions?

Contact: April Matsui

April@pimsavvy.com

Removing Barriers to Care:

# Adult Family Home Training Network

We help assist eligible adult family homes **train and retain** new qualified long-term care workers.

Included in the program, we provide an **allowance benefit** to cover the cost of the training necessary for caregivers in adult family homes to become certified long-term care workers as well as opportunities to further long-term care worker development.

# Adult Family Home Training Network

## Updates



“Stipend” now called “AFH Training Participant Allowance”

Eligibility to apply for AFH Training Network changed from working 40 hours in the home prior to applying, to only 8 hours

HCA to CNA Bridge Program now covers DOH application and testing fees

HCA to CNA Bridge and Specialty trainings now qualify for AFH Training Participant Allowance

# > Adult Family Home Training Network

## *Eligibility Requirements*

- ✓ Eligible adult family homes must be serving at least **one Medicaid resident**.
- ✓ For owners with more than one home, their Training Network Participant **must work in a home with at least one Medicaid resident**.
- ✓ Owners or their Designee **must attend a one-hour virtual orientation:**  
(<https://attendee.gotowebinar.com/rt/778410688900046934>)
- ✓ Training Network Participants must have been working **for at least 8 hours in the AFH that is registering them for our program.**
  - \* This is an updated change from the previous 40 hour requirement
- ✓ Training Network Participants must provide a copy of a **government-issued ID with picture.**

# > Adult Family Home Training Network

## *Trainings We Pay For*

- ④ HCA tuition fees
- ④ CNA tuition fees
- ④ HCA to CNA Bridge Program tuition fees
- \* All DOH application fees and state testing fees paid for
- ④ AFH Administrator Training
- ④ CPR/First Aid (initial)
- ④ Specialty Training
  - ④ Dementia
  - ④ Nurse Delegation
  - ④ Mental Health
  - ④ Nurse Delegation (with a special focus on diabetes)

# > Adult Family Home Training Network

## *Language Access Support*

### Our **Language Access Support** program:

Connects AFH owners and Training Network Participants in our AFH Training Network with approved **community instructors** to work with them in their preferred language throughout the training process for **trainings required** for **HCA Certification** as well as **specialty trainings**.

④ Our Language Access Support is available in:

④ Spanish

④ Romanian

④ Russian

④ Ukrainian

\* More language available upon availability  
(if you personally know of a school who teaches in a language other than English please let us know!)

# > Adult Family Home Training Network

## *Training Participant Allowance*

\* Previously known as a stipend

In the AFH Training Network, we provide a **Training Participation Allowance:**

to **reimburse** adult family homes to ensure individuals they enroll are paid while completing the HCA or CNA training and certification process

OR

as an **incentive** to the Training Network Participant if they were taking the training on their own time with no interruption of work time

# > Adult Family Home Training Network

## *Eligible Trainings For the Training Participant Allowance*

- ① HCA
- ① CNA

\* Newly eligible trainings that qualify:

- ① HCA to CNA Bridge Program
- ① Dementia
- ① Mental Health
- ① Nurse Delegation
- ① Nurse Delegation with a special focus on diabetes
- ① CPR/First Aid

By the

Numbers

*As of June 9, 2026*

**5,570**

Caregivers Submitting Applications

**3,507**

Caregivers Who Completed Trainings

**1,607**

Caregivers Who Completed  
HCA Training

**1,101**

Caregivers Who Completed  
CNA Training

**747**

Caregivers Who Received  
HCA State Certificate

**765**

Caregivers Who Received  
CNA State Certificate

**\$2,724,453**

Total Paid In Training  
Participation Allowances

**\$4,807,648**

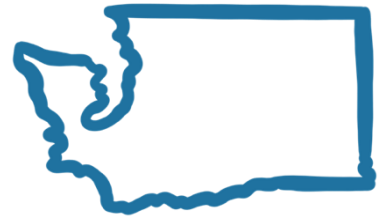
Total Paid To Training Companies



This year marks 6 years of serving the adult family home community, and 2026 is bringing a lot of **exciting changes**.

The Long-Term Care Foundation is growing  
and changing, and we feel our brand  
should better reflect **who we are today**.

*We are thrilled to present, our new brand...*

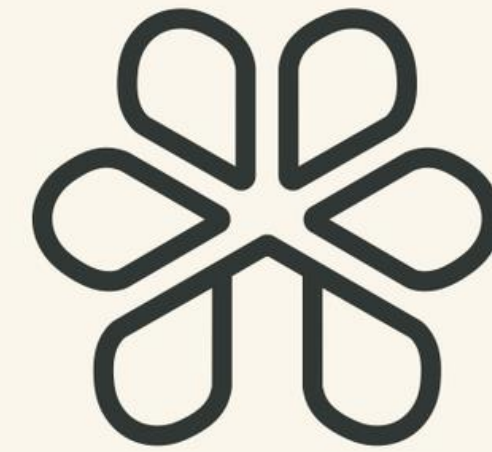


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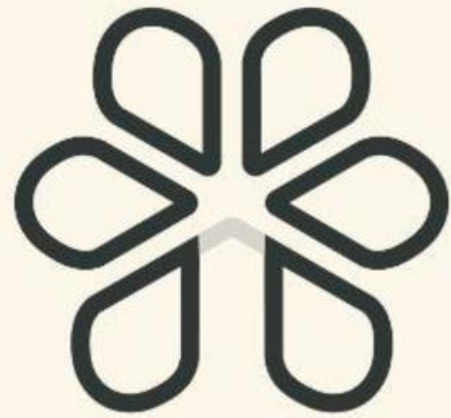
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of Washington State



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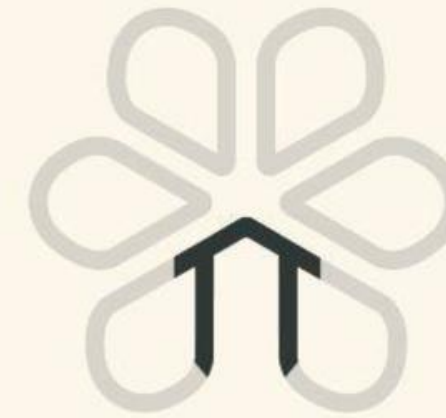
## Flower

LTCF grows the workforce. It creates career pathways. It takes people from where they are and moves them forward. The bloom is the strategic Guided Clarity idea made visual: something that starts as a seed (a person without access to training) and becomes something fully realized.



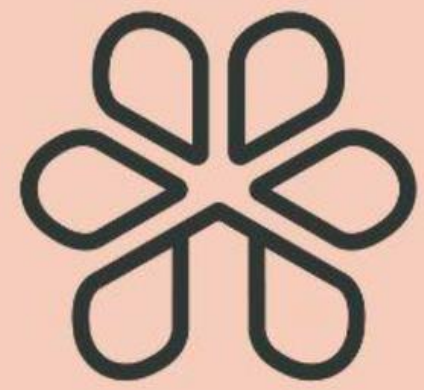
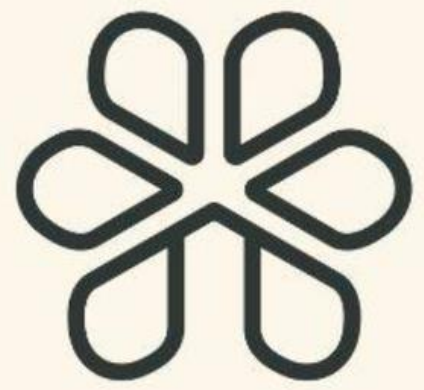
## Hearts

Each petal being built from half a heart is doing quiet but meaningful work. It doesn't scream "care brand." the heart isn't literal, it's structural. It's the underlying geometry, not the headline. That's exactly right for a brand that is deeply human without being sentimental. The care is built in, not performed.



## Home

The house is a reward for paying attention. It's there for anyone who looks closely enough, which mirrors exactly how LTCF operates in the world. They don't make themselves the center of the story. The home isn't the logo. But it's in there, holding everything together from the bottom up. It represents both who the brand serves (adult family home providers) and the stability and shelter the organization provides to the workforce.





**Long-Term Care**  
Foundation

We are **thrilled** to start rolling out our new branding, be on the lookout in the next month for these new changes! 

# Our next big announcement?

The UCF Caregiver Network:

**Building the Future Caregiver Workforce**

*Coming up in our next presentation!*



# Stay Connected With Us!



@LTCFWA



@LTCFWA



info@ltcfwa.org



[www.longtermcarefoundationwa.org](http://www.longtermcarefoundationwa.org)



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